

As **parents**, we want our children to grow into a faith that guides them through life. But sometimes it's hard to know where to start. Research shows that faith grows best through simple, everyday practices—woven into the life you're already living.

We're excited to share **Six Practices that Grow Faith at Home**:

- **Talk** together about things that matter, including faith.
- **Pray** together in ways that fit your family.
- **Celebrate** milestones and holidays with meaningful rituals and traditions.
- **Serve** others together to grow compassion and shared purpose.
- **Learn** the Bible together through stories, songs, and conversation.
- **Worship** together at church, where community and encouragement flourish.

These practices give families clear guidance for nurturing faith.

They're not about adding more to your schedule—they're about making the most of everyday moments to do what matters.

Your efforts make a lasting difference. As you talk, pray, celebrate, serve, learn, and worship, faith takes root and grows in all of you—children and parents—together.

Warmly,



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Six Practices that Grow Faith at Home



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Six Practices that Grow Faith at Home



talk

Talk together. Have conversations about things that matter. Talk about things related to faith as they come up in daily life. Talk about God and what God is like. Talk about church and why it's important. Eat meals together. Take walks together.



serve

Serve others together. When families serve others together, they build their shared experience and faith grows in everyone. Join a service project organized by your church. Take food to someone and make it a family activity. Opportunities will arise if you are watching for them.



pray

Pray together. Pray in ways that fit your life, starting with meals and bedtime. Say a prayer or blessing as the children leave the house. Pray together about concerns and celebrations. Pray when your child is upset, impatient, excited, or celebrating.



learn

Learn the Bible together. The Bible is the story of God's people. Sing "books of the Bible" songs. Memorize key Bible verses together. Learn to look up verses by book and chapter. Read a good story Bible like *The Peace Table*, then talk about the story, wonder, and pray together.



celebrate

Celebrate together. Create traditions and rituals for milestones and holidays—children love them! Celebrating Christian holidays at home nurtures Christian identity. Think of rituals to mark milestones, to express shared grief, and to celebrate big achievements.



worship

Worship together at church. Families that go to church together are the most successful at growing faith in their children. The church provides support, friendship, and inspiration. Parents and children alike are encouraged and challenged to grow in Christian maturity.